Do you live from crisis to crisis? Do you find a strange sort of comfort living a life of disarray, discord, even lawlessness? Would you describe your lifestyle as a state of disorder or confusion? If this is your life, you may suffer from Chaos Addiction.

Based on eighteen years of psychotherapy experience, Raymond Salcido, LCSW has built a system that identifies and manages the four stages of chaos addiction, providing peace and balance in a world that seems out of control.

**Story Ideas:**
- Are you addicted to Chaos?
  - Four tell tale signs
- Crushing the myth of organized chaos in the workplace
- The hanging calendar: The ultimate chaos generator.
- Balancing the parent/child relationship
- Six habits of highly chaotic people

**Testimonials:**
"A revolution in the methods of identifying and treating the root causes behind our darkest behaviors”
-Vivekanand Palavali M.D., author of A Mindful Life”

"Thanks to Salcido, millions may no longer seek destructive behaviors to fuel the chaos and fear that eat at their very core.”
-Patrick Moffett, author of Ice Cream in the Cupboard: A True Story of Early Onset Alzheimer’s.

**Availability:**
Nationwide by arrangement: available as a last-minute guest.

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About The Author:
Raymond Salcido is a psychotherapist in California. He specializes in helping individuals and families shift from living in a state of constant crisis to living with balance. His workshops have helped countless people break their self-destructive patterns of chaotic behavior and learn to live more balanced lives, and his research into chaos addiction is shedding new light onto the study of addiction.